

VARIA2019 Improvisation Festival

Solo Performance Improvisation

Gothenburg, Sweden October 12-19th 2019

VARIA2019 Improvisation Festival introduced Solo Performance Improvisation in concentrated format. Renowned Performance artists Andrew Morrish and Peter Trotman was invited from Australia to, together with Lisa Larsson Petersson highlight the art form in extended Performance and Educational Program.

Enmeshed, sequenced and consequential - Over two evenings the three artists performed solo, but unavoidable was also lively duet and trio encounters between the performers.

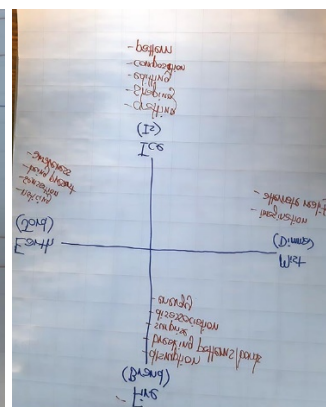
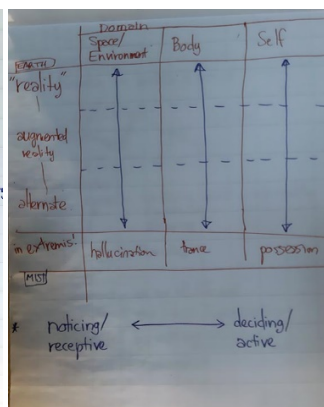
Further Andrew Morrish and Peter Trotman presented two highly appreciated Seminars, *Who is watching who?* and *From earth to mist*, that was given in a mix of practice and theory.

Eight students from several countries took part of the VARIA2019 extensive and advanced Educational Program, consisting of workshop, individual coach and practice, the practitioners was also given the opportunity to present short solos in one public Showing. A varied and eminent audience visited VARIA2019, Performance alongside Seminars and Showing was fully booked and greatly enjoyed through many diverse perspectives.



Peter Trotman and VARIA2019 Student-group in workshop, Photo Lisa Larsson Petersson

Principles
 1. Accretion
 Residue in bodies & mind
 2. No Control sources - wandering mind - alt-reality
 3. Constraints - liberating
 4. Playful!
 5. Different - We are all different
 6. The Myth of the first Improvisation.
 7. Stimulated by asking questions
 8. Degrees of Coherence
 - re-entry into material
Safety



Notes from Seminar *From earth to mist* by Peter Trotman, Photo Lisa Larsson Petersson

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Peter Trotman, Lisa Larsdotter Petersson and Andrew Morrish in performance, Video-still Mireille Leblanc/VARIA

Performing artists - *Enmeshed, sequenced and consequential* 18/10 & 19/10

Andrew Morrish - Performance artist (AU)

Peter Trotman - Performance artist (AU)

Lisa Larsdotter Petersson - Performance and visual -artist (S)

Teaching artists, 12-17/10

Andrew Morrish

Peter Trotman

Lisa Larsdotter Petersson

Seminar - *Who is watching who?* 17/10

Andrew Morrish

Seminar - *From earth to mist* 19/10

Peter Trotman

VARIA curation & production

Lisa Larsdotter Petersson



Peter Trotman & Andrew Morrish in performance, Video-stills Mireille Leblanc/VARIA

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Lisa Larsdotter Petersson in performance, Video-still Mireille Leblanc/VARIA

Room & light

Lisa Larsdotter Petersson

Henrik Wartel - Drummer and musician (S)

Andrew Morrish

Peter Trotman

Performance venue/stage & studio

Esperantoscenen/Teater Uno, Gothenburg Sweden

Documentation

Lisa Larsdotter Petersson - Text, video, photo

Mireille Leblanc - Video

VARIA crew & co-assistance

Lisa Larsdotter Petersson

Jannine Rivet - Dancer and choreographer (S)

Henrik Wartel

Christian Hüls - Chemist and Feldenkrais™ pedagogue (S)



Henrik Wartel, Peter Trotman, Lisa Larsdotter Petersson and Andrew Morrish, Video-still Mireille Leblanc/VARIA

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Few lines from all the feedback passing by

Poetic and crazy in a positive sense, alive...

I did not know what to expect and was pleasantly surprised...

Soulfull...

You go to the opera and see fantastic pieces, but there is almost always a distant feel to it, here at VARIA I receive great art alongside lively openness and generosity, such a lovely thing, thank you...

Thanks again for the invitation to the seminar with Andrew Morrish.

It was a surprising experience on many levels! Without understanding how, I became part of a growing - within myself and at the same time in harmony with others.

The generous atmosphere that was created in the room, the permissive attitude and the joy of movement and searching, was liberating.

In my life, I have always taken the role of the one who listens and watches. Always dreading to be at the center. For example, having to hold a speech causes nightmares.

And so, along with all of this magical evening's participants, where everyone gave and shared appreciation, generosity and desire, I am liberated and now turn the leaf...

We are many who have experienced, developed and rejoiced...



In the stage-kitchen/starting up - Henrik Wartel, Peter Trotman, Andrew Morrish, Christian Hüls, Photo Lisa Larsdotter Petersson

VARIA2019 thanks to

Jannine Rivel, Henrik Wartel, Andrew Morrish, Peter Trotman, Lillemor Petersson
Christian Hüls, Mireille Leblanc, Terje Himberg-Larsen/Okimono, Martin Larsson and many others...

VARIA2019 support from

Göteborgs Stad Kultur
Konstnärsnämnden
Sensus

More info & VARIA2019 text, video, photo documentation visit www.varia-impro.se

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